



*The easy way to an*

# affordable kitchen

In association with

**tuis & home**

**All Insta-Cupboard carcass units are supplied pre-assembled to simplify installation**

Choose the colour of your doors and worktops from our extensive range and we'll cut, edge and prepare these for you, plus supply handles, hinges, sinks, taps and more

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## Quick project guide

Hard labour 6/10  
Skill level 6/10  
Time needed 1-2 days

# How to build a country-style kitchen

## Installation Instructions

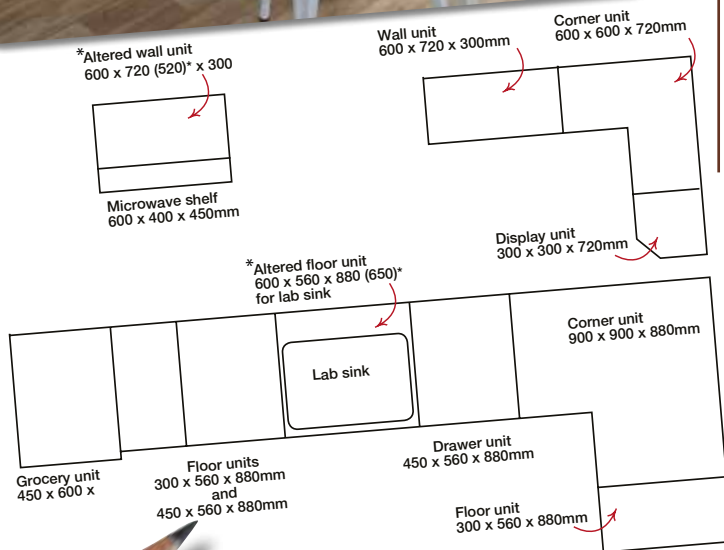


### YOU WILL NEED

cordless drill/screwdriver  
chipboard screws  
(8 mm x 30 mm, 6 mm x 40 mm, 8 mm x 16 mm)  
jigsaw  
hole saw  
spirit level  
wood clamp  
measuring tape  
pencil  
hacksaw  
3 mm pilot bit  
6 mm masonry bit  
multi square  
rubber mallet

### BEFORE WE STARTED

We altered the 600 x 560 x 880 mm floor unit (see plan at left), making it 230 mm shorter\* from the top to allow for the lab sink. We also altered one of the 600 x 720 x 300 mm wall units (see plan at left), making it 200 mm shorter\* to allow extra space for the microwave unit.



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## Step 1

### Attaching legs to floor units

Insert all the legs in the sockets at the base of all the floor units; make sure they are all the same length – 150 mm.



## Step 2

### Levelling and installing floor units

Put the floor units in place, starting with the corner unit. Place the next unit beside the corner unit and attach it with chipboard screws (8 mm x 30 mm). Make sure it's level and adjust the legs if necessary. Keep repeating this step until all the floor units are in place.



## Step 3

### Attaching decorative side panels to pre-assembled units

Attach a side panel between the units when you get to the unit under the lab sink and also on both sides of the grocery cupboard. Before attaching the side panel to the carcass, cut out a 150 mm x 70 mm rectangle to allow for the kickplate, as well as an indentation to allow for the skirting board on the opposite side. Don't cut the side panels that will go right at the end of your cupboards, except to allow for the skirting board.



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## Step 4

### Installing the grocery cupboard

Before attaching the grocery cupboard to the rest of the floor units, screw mounting plates at the top corners (6 mm x 40 mm screws). Drill a pilot hole in the centre hole of the mounting plates on the long side. Attach the unit to the wall with 6 mm x 75 mm wall plugs and screws. Then attach mounting plates to the top corners of all the wall units.



## Step 5

### Attaching the wall unit to the grocery cupboard

Attach the microwave unit to the base of the wall unit that you altered, before hanging it next to the grocery cupboard. Attach a side panel to the wall unit.

**Tip A:** Screw an offcut piece of timber to the top of the unit so it overhangs to keep the unit in place before hanging it. Let the offcut rest on the grocery unit next to it. Then screw the unit to the grocery unit and to the wall.



## Step 6

### Levelling and completing wall unit installation

Position the wall unit next to the wall corner unit before hanging it. Use crates and offcut timber to help keep the unit in place when attaching it to the wall with 6 mm x 75 mm wall plugs and screws. (Always use a spirit level to make sure units stay level.) Attach the relevant side panel and display unit to the ends of these joined-together wall units.

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## Step 7

### Applying edging strips to worktops

Use contact adhesive to attach the edging strips to all exposed sides of the tops. Apply the adhesive to the tops and the edging strips and let it dry for about 15 minutes before sticking. Use a rubber mallet to secure it in place. Remove the excess edging by repeatedly hammering gently on it with the mallet until it snaps off on the front and back edges. Finish the edges off with a fine file.



## Step 8

### Installing the worktops

Using screws, attach a postform top jointer to the short side of one of the 800 mm lengths of the tops that meet up in the corner. Cut the excess off with a hacksaw. Position all the tops in place and secure them with screws (8 mm x 30 mm) from inside the cupboards.



## Step 9

### Attaching hinges to all doors

Attach hinges to all the doors with 8 mm x 16 mm chipboard screws.

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## Step 10

### Hanging cupboard doors

Now attach the door hinges to the inside of the cupboards.

**Tip B:** Clamp an offcut piece of timber to the base of the cupboard to make sure the doors are flush with the base of the cupboard.

**Tip C:** Hold the door straight to the side of the cupboard with the adjustable mounting plate screw completely in. Then attach the hinge. Undo the mounting plate screw and open the door as wide as it can go, then screw it tight so the door sits perfectly.



## Step 11

### Installing front panels on all drawers

Again using the offcut timber at the base of the cupboard (see Tip B), first attach the bottom drawer front. Then use the handle screws as spacers for the next drawer fronts before screwing them in place.

## Step 12

### Attaching all handles

Drill holes for the handle screws and attach the handles with screws from the inside.

**Tip D:** We made a template with offcut timber to make it easier to attach all the handles in the same position.



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## Step 13

### Installing kickplates

Measure and cut the kickplates. Screw them in place from the inside of the cupboards. Then cover all screws with self-adhesive screw caps.



## to finish

We made a knotty pine splashback. We cut 12 mm chipboard to fit against the wall behind the sink and screwed it to the wall. We measured and cut the knotty pine to fit and stuck it to the chipboard with No More Nails. We added a pine moulding at the top to finish it off and painted it white with NuGlo water-based enamel.



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